

## BAHÁ'Í CHILDREN'S CLASS LESSONS

### 2. POWER

Welcome the children and say some prayers. Can anyone remember what we learned last time?

What does the word POWER mean? Ask several children for their ideas. Yes, power means that someone is able to do things. One of God's attributes is that He is All-Powerful. He has all the power. He can do anything He wants to. We see His power at work in nature. Ask the children for examples. Or suggest a powerful force of nature like a storm and then ask the children for their ideas about the results of this force. The children might suggest wind, rain, lightning, volcanoes, ocean waves, floods.

Bahá'u'lláh said: - **"Say, all is from God...There is no power or might but in God."** (Bahá'u'lláh, The Seven Valleys p.18.) Let us say these words several times so that we memorise them.

These powers of nature are very strong, but there are other powers, that are very important. One is the power we should have over our own selves. When we are small our powers are weak but as we grow older and we practise using our powers we get stronger. The more we practice and ask God's help the stronger these powers become.

One of our powers is our will power. We tell ourselves that we will start our home work as soon as we have finished tea. When tea is finished we start playing around with our little brother. This means that we are not using our will power. If we say "No, I cannot play now because I promised myself to do my homework first." And then we go off and do our work, we are practising our will power. The more we use it the stronger we get. We then find that we have control over ourselves, and can do many things that we feel are important.

When you decide to serve God, His POWER assists you. Listen to what 'Abdu'l-Bahá promised, **"Rise with every power to assist the Covenant of God and serve in His vineyard (garden).....Verily the Lord of Hosts is your support, the angels of heaven your assistance, the holy Spirit your companion and the Centre of the Covenant your helper. Be not idle, but active and fear not."** ('Abdu'l-Bahá, Bahá'í World Faith, p.362.)

#### GROUP A

Explain to the children how we know about God through His signs. The power of nature shows us God's POWER. Show the children the picture. There has been a terrible storm, with thunder, lightning, wind, rain and floods. Colour the picture.

#### GROUP B

Write down four things that you can do that you think would serve God. Now write OR draw how you would try to do these things.

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### **GROUP C**

Write down three things that you think that people should do to serve God.

Write down how you could help do these things using at least 10 lines of your paper.

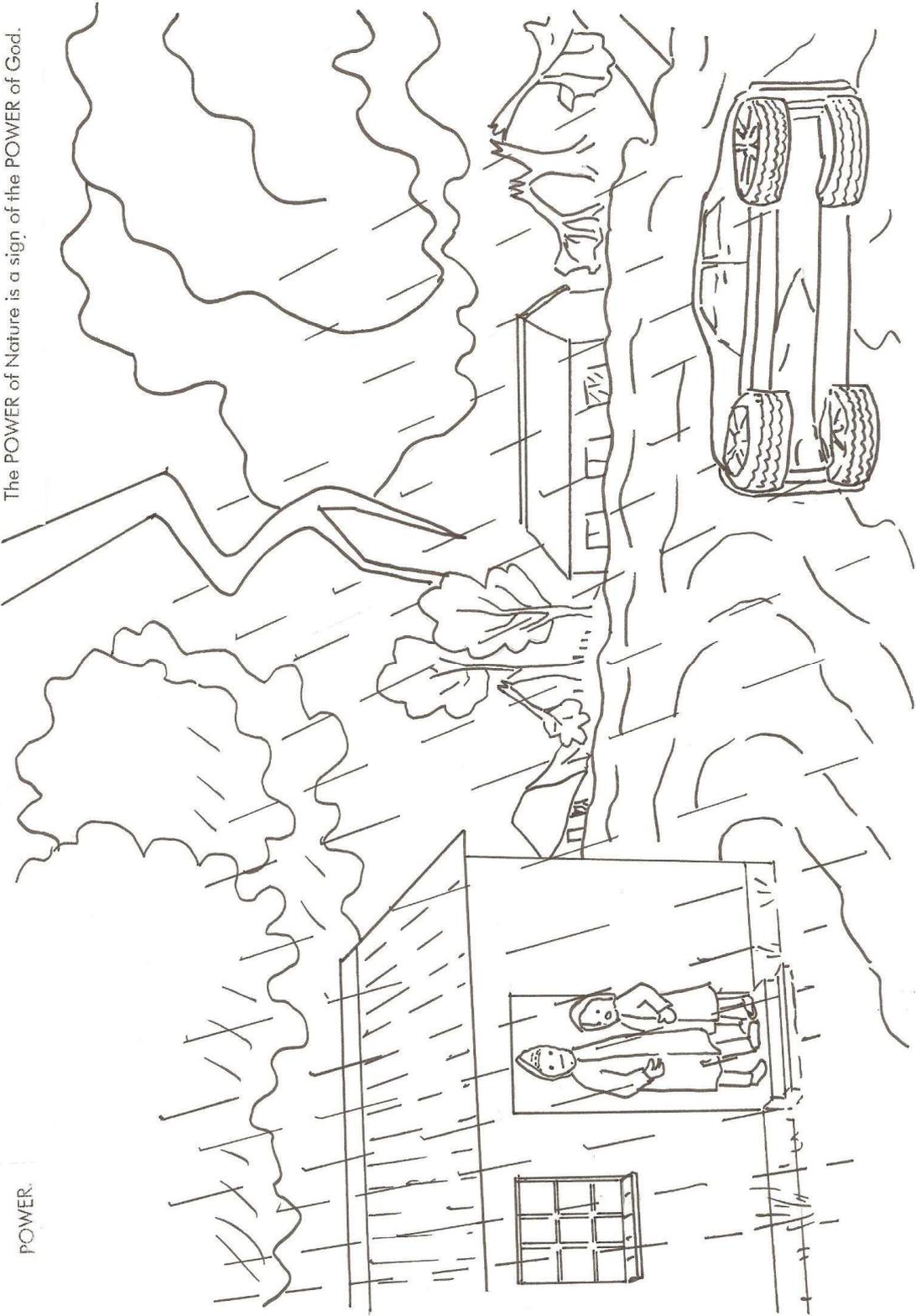
### **TO FINISH**

Let's say again the words that we learnt about Power starting "Say all is from God....."

Well done. Suggest that the children repeat the words each day so that they can recall them at the next Children's Class. Tidy up and then have one or two children say a closing prayer.

If there is time the children can sing some of their favourite Bahá'í songs.

The POWER of Nature is a sign of the POWER of God.



POWER.