3. KINDNESS

Welcome the children. Who can remember the words we learned last time? Commend those children who can remember. (Do not comment on those who cannot remember.) Let us now all repeat the words together again.

Today we are going to talk about kindness. Can you think of some kind thing someone did for you? Let the children repeat their experiences. How did it make you feel when someone is kind to you? Yes, it makes you feel happy. ‘Abdu’l-Bahá wants us all to be happy and so he said “O ye lovers of God! Be kind to all peoples.” (SWAB p. 244)

Let us repeat those words. Get the children to repeat them several times. Did ‘Abdu’l-Bahá say just to be kind to some people? No, he said ‘all peoples’. But we also need to listen to these words from Bahá’u’lláh who said in the Hidden Words, “Treasure the companionship of the righteous and eschew all fellowship with the ungodly.” Discuss what this means (companionship means friendship, righteous means good and eschew means to avoid). Sadly bad people can have a bad influence on us and so that is why we should keep away from them.

Now we are going to do some little skits about sad children and kind children. Find a partner so that you can act the skits together. One will be the sad child and one will be the kind child in each pair. (Teacher – if there is an uneven number of children, you will ask a child to be your partner).

I am going to tell you the names of some sad stories. Each pair of children can choose a story and then show us how the sad thing happened, and how the kind person helped. (Give the children 5 minutes or so, to discuss what they will choose and how they will act it. Then they can take turns to act out their skits. They can perhaps also act the skits in front of their parents during the social time of the Feast.) It is alright if two pairs choose the same topic as every story will be different.


When the children have had a few minutes to discuss how they will act out their chosen topic, get the children to sit quietly while each pair takes it in turn to act out their skit for the rest of the children to watch. Clap for each skit as it finishes.

When they have finished, and if you still have time, go on to these activities.

GROUP A
Ask the children to draw and colour some big balloons.
GROUP B
Put these words into alphabetical order. They all have something to do with kindness. Go through the words asking the Group B and C children the meaning of the words.

Then make another list of the same words putting them into order of number of letters. Write the shortest word at the top of your list and the longest at the bottom.

Kindness, compassion, goodness, mercy, consideration, charity, sympathy, love, friendship.

GROUP C
Use the nine words above to complete the Kriss-Kross puzzle on the separate sheet of paper. Tip -- the word ‘kindness’ will help you start and then be careful to count the squares that you need to fill in. Good luck!

TO FINISH
Let all the children repeat together the words we learned today. Make sure that the room is tidy. Who are going to do their skits before the adults? Remember to speak up so that everyone can hear you or they will not be able to understand your skit. Have a child say a prayer.

KINDNESS KRISS-KROSS

Count the number of squares and place the words in the puzzle.

kindness
compassion
goodness
mercy
consideration
charity
sympathy
love
friendship
Count the number of squares and place the words in the puzzle.

- kindness
- compassion
- goodness
- mercy
- consideration
- charity
- sympathy
- love
- friendship